

# Juice PLUS+ PREVENTION Plus+

**LIVE  
LIFE TO THE  
PLUS+**



*David B. Phillips MD, ACSM*

Dr Phillips graduated from Harvard University where he earned academic honors and was an All-American swimmer. He received his medical degree from Wright State University School of Medicine where he was elected to the prestigious national academic Alpha Omega Alpha Medical Honor Society. After practicing as a Board Certified Emergency Physician, he shifted his focus to the field of Preventative Medicine and then to field of Sports Medicine.

Having competed in triathlons at national and world levels, including the 2005 Ford Ironman World Championships and as a member of Team USA at the International Triathlon Union's 2008 World Championships, Dr Phillips has first-hand knowledge of the important role of nutrition in the athletic arena and lectures frequently to athletes and coaches on the benefits of nutrition and athletic performance.

*Whether you are an athlete, a coach, a weekend warrior or a couch potato, this lecture will profoundly affect how you view exercise and eating well. Dr Phillips is entertaining, engaging and brilliant. He will challenge you, no matter what your current health status, with new goals and you can "Live Life to the Plus+"*

**Wednesday November 14, 2012**

**7:30PM- 9:00PM**  
(Doors open at 7:00PM)

**Radisson Hotel- Picasso Room**

**405 20<sup>th</sup> Street E  
Saskatoon, SK S7K 6X6**

For more information, please contact:

\*May be eligible for 1.5 Continuing Education Credits SRNA; 1 CEC SPRA; 5CEC NHPC